

# Training in Medical-Therapeutic Biographywork

---

## Module 1

9<sup>th</sup> to 11<sup>th</sup> December 2016

Friday 19:00 to Sunday 12:30

**Venue** Anthroposophisches Zentrum, Kassel-Wilhelmshöhe, Germany

---

## Module 2

24<sup>th</sup> to 26<sup>th</sup> February 2017

Friday 19:00 to Sunday 12:30

### Dear Biographyworkers, Doctors and Therapists.

We warmly invite you to participate in a training in the field of medical-therapeutic Biographywork.

The first of seven modules will take place from Friday, 9<sup>th</sup> December to Sunday, 11<sup>th</sup> December 2016, at the Anthroposophical Centre in Kassel-Wilhelmshöhe, Germany.

Languages: German and/or English depending on participant demands.

### The training addresses two groups of participants:

- Biographyworkers, who would like to train in the medical-therapeutic aspects of Biographywork, including the necessary boundaries with (anthroposophic) medical treatment, psychotherapy and psychiatry.
- Doctors and therapists, who would like to use the knowledge of the biographical interconnections with illnesses in accompanying their patients more consciously.

### In this first module of the training we intend to focus on the following aims:

- In dialogue we want to explore the main aims of this training in medical-therapeutic Biographywork should achieve including the training modalities.
- The themes (see next column) for the 1<sup>st</sup> Module will be introduced in impulse talks by the people carrying the training, so that the participants may choose a theme to explore.
- On the full Saturday participants will work in groups on their chosen theme to deepen the subject. Here contents as well as methods will be theoretically and practically explored with, at the core, the space giving inner attitude and inner activity typical for Biographywork.
- Saturday evening an exchange and a harvesting of the group work will take place.

On Sunday morning we will decide in dialogue, if this themes should be further deepened or if more practical or theoretical contributions are desirable.

### Themes

1. The five sources of inspiration through suffering of illness or experiences. – About the physical body, that determines our life after birth: for example inherited constitutional conditions, social and cultural circumstances. – About the etheric body, influencing our personal development. – About the astral body in all areas, where we experience our boundaries being crossed. – About the 'I', if we feel our life is one big challenge. -- About a meeting with the Christ, changing our life completely from one moment to the next.

2. A deepening of theories on biographical developmental including the medical aspects and the development of illnesses. – Rudolf Steiner speaks about the traumatic experiences in childhood and adolescence and the biographical consequences shaped by specific illnesses.

3. Understanding and working with destiny associated illnesses. These do not fit into the typical development of biographical illnesses, like acute inflammation in the first seven year period, the psychosomatic illnesses in the middle of our life and the chronic illnesses in older age. Destiny related illnesses and accidents with severe consequences could be seen as individual developmental tasks and challenges during the biography.

4. In order to find a key for the karmic illnesses we need a deepened understanding of the mercury staff, on which a doctor swears his oath to heal. Through this we can learn to understand that illnesses are a karmic awakening to transform ourselves into our highest potential. We could aim to accompany our patients, with a view of illness as a healing karmic impulse, a 'balancing of karma'.

In the background is the question: how do we as therapists and doctors integrate the life after death and the life before birth in our therapeutic daily practice?

With anticipation and warmest wishes

*Carine Biessels, Karl-Heinz Finke,  
Michaela Glöckler, Susanne Hofmeister*

---

### Schedule

#### Friday, 9<sup>th</sup> December

18:00 Welcome, concept conversation  
Introduction of themes

#### Saturday, 10<sup>th</sup> December

09:30–10:30 Impulse talks introducing the themes for the groupwork and choosing a group

### Enrolment, contact and further information

Name Carine Biessels  
Email biografarbeit.mt@gmail.com (preferred)  
Tel + 49 (0) (159) 0288 9775

11:00–18:00 Groupwork – deepening the themes

13:00–14:00 Communal lunch break

Saturday After supper there will be a communal exchange and harvesting of insights from the group work.

#### Sunday, 11<sup>th</sup> December

09:30–12:30 Deepening of the themes, preview and concrete planning of the further modules

### Costs

280 € per Module  
Reductions possible on request

---